

- MODERATE PORTIONS
- DESIGNED WITH LOWER SODIUM & LOWER FAT

Pan Seared Jumbo Shrimp (5)

*Served with a Ragout of Portabella Mushrooms, Eggplant, Diced Tomato and Spring Onions
Topped with a light Sun Dried Tomato and Roasted Red Pepper Pesto over Angel Hair Pasta*

16

Peppercorn Dusted Filet Mignon (5 oz.)

*Served Grilled over a roasted Portabella Mushroom with a Red Wine-Balsamic Reduction
& Fresh Asparagus and Rosemary-Garlic Roasted Bliss Potatoes*

17

Char-Grilled Boneless Chicken Breast

*Served on Grilled Pineapple with a Fruited Almond Basmati Rice & sautéed Zucchini
Topped with a Citrus Reduction*

15