

~ HOUSE MADE SOUPS ~



SOUP OF THE DAY.....cup	\$2.75 bowl \$3.50
MANHATTAN CLAM CHOWDER..... cup	\$2.75 bowl \$3.50
MISO SOUP.....	\$2.75
CHILI.....cup	\$3.50 bowl \$4.50
CHILI with Cheddar Cheese..... cup	\$3.95 bowl \$4.95
CROCK OF ONION SOUP	\$4.95

~ SALAD SELECTIONS ~

HOUSE SALAD	\$4.95
<i>Baby Greens Tossed with Balsamic Vinaigrette Dressing, Garnished with Cucumber, Tomato, Carrot & Croutons</i>	
<i>With Char-Grilled Chicken Breast – Chilled</i>	\$8.50
<i>With Grilled Garlic Shrimp (4)</i>	\$9.95
CAESAR SALAD <i>with Fresh Romaine & our own Roasted Garlic Dressing</i>	\$5.95
GRILLED CHICKEN CAESAR SALAD <i>Topped with Strips of Boneless Chicken Breast</i>	\$8.95
GRILLED SHRIMP CAESAR SALAD <i>Topped with Char-Grilled Marinated Shrimp</i>	\$10.50
TUNA SALAD PLATTER <i>White Meat Tuna Salad, with Lettuce, Tomato, Ripe Olive & Cole Slaw</i>	\$7.95
DIET TUNA PLATTER <i>Solid White Meat Tuna (NO MAYONNAISE)</i>	\$8.50
<i>Served with Low-Fat Cottage Cheese, Lettuce, Tomato</i>	
VEGETARIAN “GARDEN BURGER” PLATTER	\$7.95
<i>With Low-Fat Cottage Cheese, Lettuce, Tomato</i>	
TACO SALAD <i>served in a Crisp Flour Tortilla</i>	
<i>Melted Colby Jack Cheese, Lettuce, Tomato, Olives served with Salsa & Sour Cream</i>	
with SEASONED GROUND BEEF	\$8.95
with GRILLED CHICKEN BREAST	\$8.95
CHEF SALAD <i>Served on a Bed of Lettuce with Sliced Tomato, Hard Boiled Egg & Black Olives</i>	\$9.95
<i>Includes a choice of any three of the following selections:</i>	
Bacon, Turkey, Roast Beef, Ham, Grilled Chicken Breast,	
American, Swiss, Cheddar, Mozzarella, or Pepper Jack	
EACH ADDITIONAL MEAT OR CHEESE SELECTION - ADD \$ 1.95	

DRESSING CHOICES:

*Dijon Vinaigrette House Dressing,
Bleu Cheese, Ranch, French, Honey Mustard
Balsamic Vinaigrette, 1000 Island, Creamy Italian,
“Fat-Free” Raspberry Vinaigrette*